

STAYTON COMMUNITY FOOD BANK

HOW OFTEN CAN I VISIT?

The Stayton Community Food Bank offers emergency and short-term food supplies for those in our area who need help with food. We believe no one should be turned away or denied food if they are truly in need. However, our food supply is limited. We have to stretch what we have across the many people who come to us for help. To do this, we have the following guidelines:

- Clients may get a full distribution of food every 3 weeks. This will usually include fresh or frozen meat, eggs, margarine, fresh fruits and vegetables, canned and packaged staples, bread or rolls, and baked goods. Other items will also be offered as available.
- If it has been less than 3 weeks since your last full distribution, we offer a “supplemental supply” of foods. Depending on the items we have on hand, this may include:

Canned soup

Chili or other canned meal

Canned miscellaneous beans

Tuna

Peanut butter

Canned vegetables

Pasta

Tomato sauce

Bread or rolls

Other items may be added if stock is plentiful.

September 25, 2023