

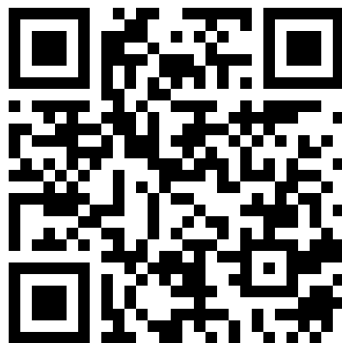
Spanish Language Parenting Resources

Center for Parent and Teen Communication & Aqui Para Ti

We are pleased to share a series of Spanish-language parenting videos and articles. These resources offer practical strategies for parents. They cover important topics such as adolescent development, effective communication, coping with stress, and healing from trauma.

Some of the resources were created to support families that recently immigrated to the United States and may be dealing with anti-immigrant biases and discrimination. The materials are based on the best science available and reflect conversations with parents, teens, and the experts that serve them.

SCAN TO GET STARTED:



CPTC

Discover more at parentandteen.com