

CAMP MIGHTY OAKS



Willamette
Vital Health

GRIEF CARE



Each summer Camp Mighty Oaks provides an experience that supports children and families who are grieving the death of a loved one. Campers enjoy fun-filled activities that promote hope and healing.

Camp Mighty Oaks will be held on **Saturday, July 15, 2023 from 8:30 am - 7:00 pm.**

Registration is due by July 7, 2023. Cost: \$20. Scholarships are available.

Call 503.588.3600 or visit our website for more information on WVH Grief Care.

Grief Groups



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Drop-In Grief Support Groups (18+)

No registration necessary.

Drop-In Grief Discussion Group

Thursdays (except 2nd Thursday of the month)
1:00 - 2:00 PM

Drop-In Creatively Expressing Grief Group

2nd Thursday of the month 1:00 - 2:00 PM

Explore your grief through a variety of creative activities when words alone seem inadequate.

Multi-Week Groups

Registration is required for multi-week groups.

Call Grief Care at 503.588.3600.

For Adults

Tuesdays, July 25–August 29
6:00 - 7:30 PM

Tuesdays, Nov 14–Dec 19
6:00 - 7:30 PM

Multi-Week Groups

Registration is required for multi-week groups.

Call Grief Care at 503.588.3600.

For Adults, Families & Children (ages 6+)

Tuesdays, Sept 12–Oct 24
6:00 - 7:30 PM