



Willamette
Vital Health

GRIEF CARE



Experience.
AT YOUR SIDE.

wvh.org



Willamette
Vital Health



Music Therapy

Using music to meet the goals of hospice patients

wvh.org



GRIEF CARE

Grieving is a very personal experience that takes time, patience and understanding. Our services support your journey with a sense of hope, strength and connection to the world around you.

SERVICES

- Multi-week grief support groups for adults and children ages 6+
- Workshops and community memorial events throughout the year
- Camp Mighty Oaks, a summer camp experience for children and their families with fun-filled activities

Grief Care is offered **free of charge** and is available to anyone grieving the loss of a loved one, whether or not they were cared for by Willamette Vital Health.

Contact the Grief Care department at 503.588.3600 or visit wvh.org



Previously known as Willamette Valley Hospice



MUSIC THERAPY

Our board-certified music therapists use music to relieve symptoms in hospice patients. Proven music therapy techniques release the body's natural painkillers, while reducing anxiety and restlessness. Music therapy has been found to be effective in addressing the following issues:

- Pain and anxiety
- Emotional and spiritual concerns
- Support for grieving families
- Development of coping skills
- Depression, fear, isolation, confusion, and loss of control
- Quality of life
- Facilitating a peaceful death

Find more information about Music Therapy by calling 503.588.3600 or visit wvh.org



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