

OPEN EVERY DAY

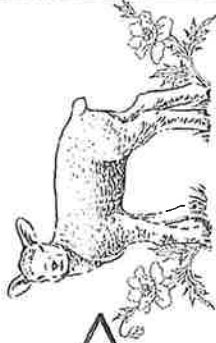
Wednesday-Monday
10am-5pm

(Tuesday 12-5pm)

PHONE: 503-393-4273

EMAIL: info@roccsaleam.org

2555 Silverton RD. NE



2023 APRIL ROCC CALENDAR

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

2-4pm

Amongst Ourselves ONLINE

with Deena
ZOOM Meeting ID:
825 6965 1675

3-4pm

Dopeless Hope Fiends LIVE NA meeting

with Dwan



11-12pm

Clearwater Women's Respite LIVE

with Debra
ZOOM Meeting ID:
884 0385 7009

1-2pm

Four Agreements

with Debra **LIVE**

ZOOM Meeting ID:
833 4727 8563

2:30-3:30 **NEW!**

Disability Support

with Clara **LIVE**

12-1pm

Creativity Recovery

with Lorretta **LIVE**
ZOOM Meeting ID:
820 3790 6900

1-2pm

Emotional Awareness

with Mark **LIVE**
ZOOM Meeting ID:
820 1254 4213

2:30-4:30pm

Art & Stuff LIVE at ROCC

with Lorretta

5-6:30pm

Karaoke LIVE at ROCC

KJ The Last Outlaw

12-1PM DDA

LIVE at ROCC

conference room

2-3pm

SMART Recovery LIVE at ROCC

conference room

5:15-6pm

CHAIR YOGA LIVE at ROCC

with Lorretta

Key Bank is Coming to ROCC! Bank Folk will be here at community meeting, April 13th and Thursdays 1-3 for private consults- banking Q&A

SHOWERS

Every Wednesday 11:00am Be here Wednesday 10:30am. We transport to First Free Methodist where lovely clean showers await. Sign up at front desk.

1-2pm

Exploring the 8 Dimensions of Wellness

with Alisha
ZOOM Meeting ID:
120 078 320

2:30-3pm

LIVE Meditation

with Lorretta
ZOOM Meeting ID:
810 9973 2913

3-5pm

Dungeons & Dragons LIVE at ROCC

April 6th & 27th

with Chris & Jacob

4:30-5:30pm

April 13th Community Meeting Food.Fun.US!

1-2pm

Voices & Visions with Chris LIVE

ZOOM Meeting ID:
862 1620 6993

2:30-3:30pm

Trauma Support with Chris LIVE

ZOOM Meeting ID:
871 0581 2688

4:00-6:00pm

Movie Night with Lorretta & Mark LIVE at ROCC

2:30-3pm

Meditation with Lorretta LIVE

ZOOM Meeting ID:
810 9973 2913

3:30pm-5pm

SMART Recovery with Deena LIVE

ZOOM Meeting ID:
ID: 654 244 195

4-5pm

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