



Sign up for prenatal and parenting classes



Pollywog helps you find classes that meet your needs

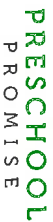
# We help families ...

## Find preschool and child care

Children who attend a high-quality daycare and preschool programs before kindergarten are better prepared for school academically, socially and emotionally.



Linn-Benton Community College  
**Family Connections**



## Get connected with local resources and agencies



Free home visiting program for families with newborns.

Pollywog parent blog, monthly newsletter, and parenting tips texted to your phone.



Connections to health and dental care for your family.

Get referrals for just what your family needs from Pollywog!

541.917.4884  
pollywogfamily.org

Pollywog's personalized services are free for all families!



# About us

Pollywog was created to help families connect with resources, health care, parenting education, and early childhood services. We work with many wonderful partners to make that happen.

## **Our partners include:**

Samaritan Health Services  
Benton County Health Dept.  
Community Doula Program  
Early Learning Hub of LBL  
Family Tree Relief Nursery  
Kidco Head Start  
LBCC Parenting Education  
Early Intervention  
Lincoln County Health & Human Services  
Linn County Health Dept.  
Olalla Center for Children and Families  
Old Mill Center  
Parenting Success Network  
Preschool Promise  
Strengthening Rural Families  
WIC (Women, Infants, Children)

**...and many more!**



# pollywog

Prepared parents. Healthy families.



Follow us



@PollywogFamily

Healthy families and prepared parents don't just happen, they are created by your efforts! Pollywog helps you to make your family healthy and strong: learn how kids grow and develop, where to find childcare, and connect with local resources.

Pollywog is located in the Family Resource & Education Center  
Linn-Benton Community College  
6500 Pacific Blvd, SW, LM-132

Albany, OR 97321

**541.917.4884**

Being a parent is the most important job you will ever have