

Our nurses are trained to answer all kinds of questions.

WHAT YOU CAN EXPECT

What parents are saying about Family Connects:

WHAT CAN FAMILY CONNECTS DO FOR YOU?

Visits include:

- » A newborn health assessment
- » A maternal postpartum health assessment
- » Maternal and infant health care guidance
- » Connection to local resources, such as:
 - Financial resources
 - Child care options
 - Playgroups and parent support groups



FOR ALL

Helping all families regardless of income or background



NO COST TO RECIPIENTS

As an eligible recipient, you will not be charged



THREE WEEKS

Visits are scheduled around 3 weeks after birth



REGISTERED NURSE

All visits are made by highly-trained nurses



Even though this is my fourth child and I have experience, there was a lot of **new information** provided by the nurse.

The nurse was **open and easy to talk to**. I was able to ask the nurse questions that seemed 'too small' for a doctor.

I really enjoyed the tips regarding my baby, like feeding positions and the **sleep recommendations**.

The nurse gave me information to help care for my baby, like **how to calm my baby** in a safe manner.

TALK TO US TODAY

Marion County Early Childhood Nursing Program

Call: **503-373-3781**

Online: parentinghub.org



Marion & Polk Counties

Congratulations on your new baby!

If you live in Marion County and have a newborn (0-12 weeks), you are eligible to receive home visits by a nurse, regardless of insurance. The visits are offered at no cost to you or your family through a program called Family Connects Oregon and are designed to support the health and well-being of both you and your child.

Call for your appointment now, slots fill up fast! **503-373-3781**



“The nurse did not rush me. She just **listened to me and my concerns**, which is what I really needed at that moment.”

For more information or to schedule an appointment:

Marion County Early Childhood Nursing Program

Call: **503-373-3781**

parentinghub.org



Family Connects Oregon is a community-wide effort to connect you with health care providers and resources to support your whole family:



Parenting a newborn is a big job. We can help!

