



Willamette
Vital Health

GRIEF CARE

DECEMBER 2022 – JULY 2023

To reach us, call
503.588.3600
and ask for Grief Care.

Events & Workshops

SAVE THE DATE

Winter Remembrance and Honoring

Thursday, December 1, 2022

2:30 – 3:30 PM

or 5:30 – 6:30 PM

All are invited to attend either session for a program to honor and remember your loved ones.

Camp Mighty Oaks

Saturday, July 15, 2023 • 8:30 AM to 7:00 PM

At Oregon 4-H Center in West Salem

A day of fun and remembrance for families with children ages 6 – 17 who have experienced the death of a loved one in the past two years. Campers enjoy fun-filled activities that promote hope and healing. Call Grief Care Services for more information or to register. Registration must be received by July 7.

Reflections on the River

Thursday, September 7, 2023

from 7:30 – 9:00 PM at Salem's Riverfront Park

This event helps us honor, celebrate and remember our loved ones who have died. Join us for a short program, a self-paced river walk and time of reflection.



Experience. AT YOUR SIDE.

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Grief *Support* Group Schedule

All groups are normally held at
Willamette Vital Health
1015 3rd Street NW
Salem, Oregon 97304

*There is no charge to attend and all are welcome.
Call 503.588.3600 for more information.*

*Currently, masks are still required due to OHA
requirements for healthcare facilities.*

Drop-In Grief Support Groups

Weekly drop-in grief groups are available to any adult seeking support after the death of a loved one. Explore the grieving process in a safe, supportive environment. Meet with others to find support and understanding for the challenges of life after death. No registration necessary.

Drop-In Grief Discussion Group

Thursdays (except 2nd Thursday of the month)
1:00 – 2:00 PM

Drop-In Creatively Expressing Grief Group

2nd Thursday of the month 1:00 – 2:00 PM

Explore your grief through a variety of creative activities when words alone seem inadequate.

Willamette Vital Health offers a variety of adult, child, and family support groups. These groups are designed to encourage, educate, and empower you as you grieve the death of a loved one.

Registration is required.

Call Grief Care at 503.588.3600.

For Adults

Tuesdays, March 21–April 25
2:00 – 3:30 PM

For Adults, Families & Children (ages 6+)

Tuesdays, January 17–February 28
6:00 – 7:30 PM

Tuesdays, May 16–June 27
6:00 – 7:30 PM

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