

## Collection of Saliva for Sars-Cov-2 Testing

*Santiam Hospital Laboratory utilizes LabDash™ for self-collected saliva samples and SalivaDirect™ PCR assay, which has emergency use authorization by the FDA.*

### Collection Kit Components:

- 5 mL tube with screw top lid
- Funnel
- Biohazard bag
- Absorbent material

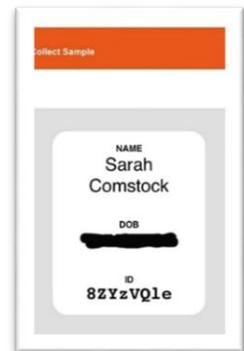
### Patient Registration

Patients under 16 must register under a parent/guardian account. To register for an account the patient (if 16 or older) or the guardian must register for a “Patient” account with a unique email at [Labdash.net](http://Labdash.net). **Once the original patient is registered, they may scroll down to add dependents.**

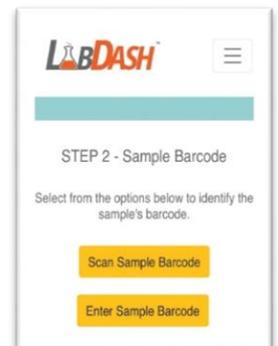
LabDash will ask for insurance information and a number of other demographic information. If you do not have insurance select No Insurance. The REALD information is a state requirement. However, the patient may opt out of providing this information.

### Collecting a sample

**Lab Dash Step 1** - You should log in to your account and come to the screen like the one shown on the right. You should select the “Collect Sample” link at the top of the screen and will be directed to a screen where it asks to identify the patient. If more than one person is on the account, you may choose to collect for the specific patient that is being tested by selecting the “Collect” button below the person’s name. Select “Next” to verify that you have accurately selected the correct patient.



**Lab Dash Step 2** - Once verified, you will be asked to scan a sample bar code on the next page. This is included in the sample collection kit provided. You can scan or type in the barcode using your cell phone. Once complete, press “verify.” If the barcode is entered correctly, a green check mark will appear. Be sure to put the bar code on the tube **vertically** and add your **initials** to the tube as well. Select “next” to proceed to step 3.





**LabDash Step 3** - The following collection information will appear. Be sure to select “COVID-19” as the test type. If it asks for an ordering provider, you can select any of the doctors listed. For test coverage, choose “Insurance” if you have it and “Uninsured” if you do not have insurance. It may ask for further verification of this if the proper information was not given during registration. On the same page, you will be asked to select any symptoms you may have and then select “Verify” as shown on the right. On the next page, you must select “Next” to proceed.

**LabDash Step 4** – Next, You will be asked to review the information prior to submitting the collection. By selecting “Submit Collection” you confirm that you have agreed to provide Santiam Hospital with access to your personal health information associated with this test. **Be sure that the Barcode matches the one on the tube and that your initials are on the tube.**



**Follow these instructions to collect saliva for testing:**

1. You should not eat or drink for 30 minutes prior to sample collection.
2. For best results, rinse your mouth out with water 10 minutes prior to collection to remove food or other debris.
3. Remove the lid and place funnel on top of the collection tube.
4. Gently expel saliva (drool) through the funnel into the collection tube until the total volume has reached the red line. Any bubbles should be above the red line.
5. Reminder: this is the collection of normal saliva; sniffing or coughing up deeper material must be avoided.
6. If you are struggling to produce a sample, close the tube and take a few moments to relax and pool more saliva into your mouth before trying again.
7. If anything other than saliva is collected (e.g. mucus, food particles), dispose of the sample, wait a few minutes and start the process again.
8. The funnel should be removed and discarded. The cap should then be placed on the tube and tightened to ensure no leakage during transport.
9. Label the tube with the provided barcode and First and Last Initials.
10. Place the capped saliva tube in the provided biohazard bag for transport to the Santiam Hospital Lab.
11. Viral RNA in saliva will remain stable at room temperature or refrigerated for at least 7 days.
12. **Questions about saliva collection, LabDash or the Saliva assay please call 503-769- 3230.**

