



# Lactation and Breast/Chest-feeding Support



**Santiam Hospital & Clinics**  
embrace HEALTH

Santiam Women's Clinic





# Jessica Bliss

## Lactation Specialist

I've been working with new babies and families as they figure out how to breast/chest-feed for the last seven years. Prior to becoming a Certified Lactation Counselor in 2014, I completed a PhD in Nutrition at Cornell University, where I specialized in infant feeding in humanitarian and emergency settings.

I love helping folks reach their own personal lactation and breast/chest-feeding goals and I'm delighted to be joining the team at Santiam Hospital & Clinics as a Lactation Specialist.

Inpatient, outpatient, and Telehealth visits are available. To make an appointment, ask your provider for a referral or contact Santiam Women's Clinic at (503) 769-9522.



**Jessica Bliss**

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