

# *your* Health Now



WINTER  
2017

Santiam Hospital Newsletter



embrace HEALTH™  
**SANTIAM HOSPITAL**



## A Message from Terry

**S**antiam Hospital is a cohesive medical community of dedicated and compassionate healthcare professionals.

We are grateful for the privilege of caring for our patients and their families in a modern place of healing; supported by highly skilled staff and state-of-the-art technology.

We are grateful for your support and will continue to devote our energy and talents to caring for your health and well-being.

We are grateful to have known Dr. Brian Cox who unexpectedly passed away on October 17th; the day after he penned a letter containing his testament of what it means to care for patients.

“For what it’s worth, in my limited time here, I’m impressed with the collegiality and the warm, congenial atmosphere that pervades Santiam Hospital. The “bedside” manner of all staff and providers makes the patients feel at home, and our excellent ratings echo my sentiments. It’s all too easy to be overwhelmed by the endless barrage of paperwork, and forget that IT’S THE PATIENTS’ welfare that we serve, first and foremost. As trite as it may sound, to relieve pain and suffering in another is a great honor and privilege, and that sacred trust should NEVER be betrayed in the name of economics or expediency. And so I descend from my soapbox!

Regards,

Brian M Cox M.D.”

Thank you to Dr. Cox and thank you to you.

Merry Christmas!

*Terry Fletchall*

Terry Fletchall, CEO  
Santiam Hospital



# Comprehensive Medication Management Program

Santiam Hospital has joined forces with local business, **Sublimity Pharmacy Services**, in a pilot project to focus on medication management and de-prescribing within provider clinics. The program is called Comprehensive Medication Management (CMM) and is being trialled at Aumsville Medical Clinic and Santiam Medical Clinic in Mill City. The community project was implemented and led by Dr. Tanie Hotan and Dr. Amy Sutkus along with pharmacists, Melissa Netland and Tiffanie Pye.



Left to Right: Dr. Amy Sutkus, Dr. Tanie Hotan, Tiffanie Pye and Melissa Netland

The clinics' pharmacists, Melissa Netland and LaceAnn Becker, are providing a distinct medical service that optimizes therapeutic outcomes for clinic patients. CMM encompasses several elements, including a comprehensive, patient-focused assessment, review of all medication, addition or discontinuation of medication based on clinical goals, documentation, and follow-up.



Pharmacists Melissa Netland and LaceAnn Becker of Aumsville Medical Clinic and Santiam Medical Clinic

The patient, clinic providers and pharmacists work as a team while collaborating to improve the patients' health. This is a service in the clinics that motivates the patient to take action that will improve health. Consumers of the added service may reduce medications, gain drug and disease awareness and feel better overall. The patients spend considerable time with the pharmacists focusing on a strategic plan that fits the patients' lifestyle and expectations. The patient centered approach identifies drug related problems that are preventing them from reaching their goals based on their needs and abilities, not just on their disease.

*"My function has greatly improved over the last few months. I have been able to stop taking medications which were causing side effects."*

"When the program first started patients initially had a difficult time accepting the idea of a pharmacist in a patient care role," said Dr. Sutkus. But once they have had a visit and see the deeper level of service, they know (and appreciate) the difference. When participating patients were asked why they enrolled into the program most have answered: "to reduce the number of pills I take." The reviews are encouraging; a current program member stated, "My function has greatly improved over the last few months. I have been able to stop taking medications which were causing side effects." Another stated, "I feel like I have an entire team who cares about me."

Dr. Hotan has noted that: "CMM is our most intensive medication management intervention as a team and overall patients are getting better!" That is a win for everyone involved.



# Santiam Hospital Welcomes Angila Murray Johnson, MS, PA-C

We would like to introduce one of our new medical providers, Angila Murray Johnson, MS, PA-C to the Santiam Hospital community. Angila has an exciting new dual role as both Hospitalist and Assistant Professor for Pacific University's Physician Assistant Program.



In collaboration with our Chief Nursing Officer, Sherri Steele, RN, MSN, and Robert Jacques, MD, Angila is developing an inpatient Physician Assistant student clinical rotation program at Santiam Hospital.

Santiam Hospital and Pacific University have a long standing and strong partnership in

the outpatient medicine setting. Students have spent time in our emergency department and primary care clinics. Erin Cramer, MS, PA-C and Pacific University alumna, has been a long-time educator of Pacific University's PA students at our Sublimity Medical Clinic, and was an integral part of the expansion of the PA program to the inpatient setting.

Physician Assistants are licensed and certified healthcare professionals who practice medicine in partnership with a licensed physician. PAs diagnose and treat illnesses, take medical histories, perform physical exams, order and interpret lab work and imaging studies, and prescribe medications. They also assist in major surgery as well as perform minor surgery. PAs work in most fields of medicine, both in the hospital and the outpatient setting. In many cases, the PA is the sole primary care provider to large patient populations.

Pacific University's Physician Assistant Studies program was founded in 1995 and was added to their award-winning College of Health Professions in Hillsboro, Oregon. Being the oldest chartered university in Oregon, Pacific University has a long and distinguished history of academic excellence. PA students attend a rigorous 27-month

comprehensive master's degree training program that combines in-classroom education with clinical real-world experiences, enabling the graduate to work in a variety of practice settings.

As part of this training, PA students will spend 6 weeks at Santiam Hospital working alongside the MD/PA-C hospitalist and general surgery teams studying the intricacies of the hospital-based practice of medicine. From evaluating patients in the emergency department and admitting them to the hospital, to managing the complexities of their care throughout their stay, including taking part in the discharge and outpatient follow up plan, PA students will have a well-rounded educational experience with our dedicated hospital medical staff team. In turn, Pacific University students will introduce fresh ideas, cutting edge techniques, and new high quality medical professionals to our growing community.

*"With the strong leadership skills and vast experience of our Pacific University/Santiam Hospital collaborative team, this new program is sure to be an exceptional experience..."*

As a fellow Pacific University alumna, Angila is now honored to be representing the university as an Assistant Professor. Angila takes pride in her approach to the practice of medicine and enjoys spending quality time getting to know her patients, building a strong rapport, and engaging in meaningful interaction. She holds strong to her ideals that a patient must be well educated and truly understand their medical condition to make appropriate decisions and follow through with their treatment plan. She brings this philosophy to Santiam Hospital, to not only add to the high quality of patient care Santiam upholds, but to also impart this approach on the medical providers of tomorrow.

Prior to joining Santiam Hospital, Angila spent the last 12 years practicing medicine at Salem Hospital and at an outpatient general surgery clinic through

Kaiser Permanente in Salem, Oregon. She worked alongside general surgeons caring for patients who underwent surgery, with a several year focus in trauma and critical care. Angila later expanded her outpatient practice specializing in performing minor office procedures and diagnosing and treating anorectal disease. She also held an administrative role coordinating Salem Hospital's Advanced Trauma Life Support courses. Previous to her PA career, Angila worked as a surgical technologist in Portland, Oregon for over a decade.

Angila's educational background includes a Bachelor of Science from Portland State University where she majored in general science with a focus in geomicrobiology. She continued her post-baccalaureate studies in field research in Yellowstone National Park studying "extremophiles," which are organisms that thrive in extreme environments. After that, she attended Pacific University for her Masters in Physician Assistant Studies where she graduated with honors and distinction.

Originally from Salt Lake City, Utah, Angila moved to Portland, Oregon in 1996. She immediately fell in love with the Pacific Northwest and is grateful to call Oregon home. She now lives in Salem with her husband of 13 years, Cleve, and their 2 children Sophia and Miles.

In Angila's spare time, she and her family enjoy camping, exploring, and adventuring in the great outdoors. From snowboarding the Santiam Pass, to paddling the waters below, you can find Angila enjoying any sport that requires a board. At the age of 9 she received her first skateboard, and at the age of 39 took her first surfing lesson. When Angila and her family are not playing outside, she and her



*Cleve, Sophia, Angila and Miles*

husband are cheering on their kids in their various soccer, ballet, and music programs.

Angila is very excited to be joining Santiam Hospital in partnership with Pacific University. She states "With the strong leadership skills and vast experience of our Pacific University/Santiam Hospital collaborative team, this new program is sure to be an exceptional experience for our students, our patients, and for the future of health care in our community."

## CLASSES



### **Santiam Hospital offers classes on:**

- Diabetes Education
- Early Pregnancy Education
- Sibling Preparation
- Child Birth Preparation
- Newborn Care
- Breast Feeding.

Details of our classes can be viewed on line at [santiamhospital.org](http://santiamhospital.org)

For additional information, you may also call Santiam Hospital at **503-769-2175**.

embrace TRUST  
**SANTIAM INTERNAL MEDICINE CLINIC**  
*Part of Santiam Hospital*

# Welcomes Susan Speece, FNP



**W**e are delighted to introduce Susan Speece, FNP to our community and clinic. She has joined Matt Degner, MD and Thomas Gilberts, MD at the Santiam Internal Medicine Clinic. Susan received her Family Nurse Practitioner M.S.N. at University of Detroit Mercy, in Detroit, Michigan. She is board certified by the American Nurses Credentialing Center and licensed by the Oregon Board of Nursing.

Susan lived in Detroit, Michigan for 35 years and moved to Oregon in the Spring of 2014. Her husband is retired and is a stay-at-home spouse (Susan believes everybody needs one). He does all the shopping, cooking, yardwork, and childcare (of their 2½ year-old border collie, DARTH).

Susan has worked as a primary care provider in Federally Qualified Health Centers for the last 3½ years. She is very pleased to have the opportunity to work with Santiam Hospital in their internal medicine/pulmonology clinic.

Santiam Internal Medicine Clinic is located at 1401 North 10th Avenue, Suite 200 in Stayton, 503.769.7151.

## 2018 Medically-Oriented Scholarship Program

*Applications available January 1–April 6th.*

*Interviews on April 20th.*

**I**f you are passionate about the medical field and interested in pursuing your medical aspirations, apply to the **Santiam Hospital Auxiliary Medically-Oriented Scholarship Program**. Many of the Auxiliary events and donations are contributed to the scholarship program throughout the year. These events range from the Harvest Festival Breakfast, Fall Fashion Show, Poinsettia Sale and Tulip Sale. All proceeds from these events and from the Auxiliary Gift Shop, located in the lobby of Santiam Hospital, help support the Scholarship Program. The application and instruction sheet detailing the program requirements, are available at [www.santiamhospital.org](http://www.santiamhospital.org).

The recipients from the 2017 Scholarship Program and the Universities that they attend are listed at right:

2017 RECIPIENTS	
Baddeley, Lauren	Corban University
Doran, Rachel	Linfield/Grand Canyon
Dunn, Cole	Chemeketa
Goodman, Marisa	Pacific University
Hendricks, Tess	Chemeketa
Mak, Sadie	Pacific University
Mikolas, Nora	Southern Oregon University
Powell, Zach	Linn-Benton Community College
Vetter, Kateleen	Corban/Biola University
Yunker, Brandon	Eastern Oregon University

# Ribbon Cutting for the Santiam Canyon Service Integration

*1st Meeting January 23rd at Gates Fire Hall.*

We're excited to announce the Santiam Canyon Service Integration team (SIT) will begin on January 23rd, 2018! Its first meeting will be held at the Gates Fire Hall. This is the second SIT for the region and will serve individuals and families in the Santiam Canyon School District Catchment Area.

Initial funding of \$3,500 for the second SIT was provided by Santiam Hospital and Willamette Valley Community Health, which will sponsor a total of \$15,000 for Santiam Service Integration in 2018. The SIT is still in the process of reaching out to potential partners in the Santiam Canyon District.



very grateful for the support he received. "There are good people in this community – I am just overwhelmed right now – but I will pay it forward when I can."

The Stayton Sublimity Service Integration has had three meetings to date. The average attendance is 45 individuals and 31 agencies or groups represented. The team started with \$7,500 dollars from Santiam Hospital, \$3,500, North Santiam School District \$3,500, and \$500 from PH TECH.

Since the grand opening of the first SIT, there have been two funding requests submitted to the team that the community at-large was unable to support. SIT paid for an electrical bill and a furnace repair that totaled \$370, of which \$520 was leveraged for both requests.

Many of the requests have been met by a gift-in-kind (GIK) donation. To date, the team has leveraged \$1,136 GIK donations.

*"There are good people in this community...I will pay it forward when I can."*

In the short amount of time since the Stayton Sublimity Service Integration Team began, it has helped many families in the North Santiam School District Catchment Area (NSSD) by connecting agencies to help better serve individuals and families within the community.

## Success Story

Recently, a resident from Gates started work at Freres Lumber. It was three weeks before he would receive his first paycheck, but needed money for gas so he could get to and from work. The Salvation Army contacted the SIT coordinator and asked if her team had any ideas to secure funds for a gas card. This request was outside of the NSSD boundaries, so SIT funds were unavailable. The SIT Coordinator sent out a request to the team for ideas and within 30 minutes, more than \$500 was committed for an \$80 request. The SIT Coordinator met with the gentleman and provided him the gas card. He continues to work at Freres Lumber and is

## THE SIT PURPOSE

*"(To) facilitate collaboration among community partners to provide coordinated resources and information for individuals and families. We are agency and community partners expediting solutions by matching resources to clearly defined needs while avoiding duplication of service."*

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